



How and when to take NEPHROCAPS.

Take one **NEPHROCAPS**® Softgel daily or as directed by a physician. On dialysis days, take one **NEPHROCAPS**® Softgel after dialysis.

Precautions

Folic acid may mask the symptoms associated with pernicious anemia while the disease remains and the neurological damage progresses.



NEPHROCAPS® Softgels are formulated to replace the specific vitamins lost during dialysis.

Each **NEPHROCAPS**® Softgel contains:

Vitamin C/Ascorbic Acid	100 mg
Folate/B ₉	1 mg
Niacin/B ₃	20 mg
Thiamine/B ₁	1.5 mg
Riboflavin/B ₂	1.7 mg
Vitamin B ₆	10 mg
Vitamin B ₁₂	6 mcg
Pantothenic Acid/B ₅	5 mg
Biotin/B ₇	150 mcg

NEPHROCAPS® Softgels are supplied in a 30-day and 90-day unit-of-use bottle. Patients and pharmacists like the convenient package sizes.

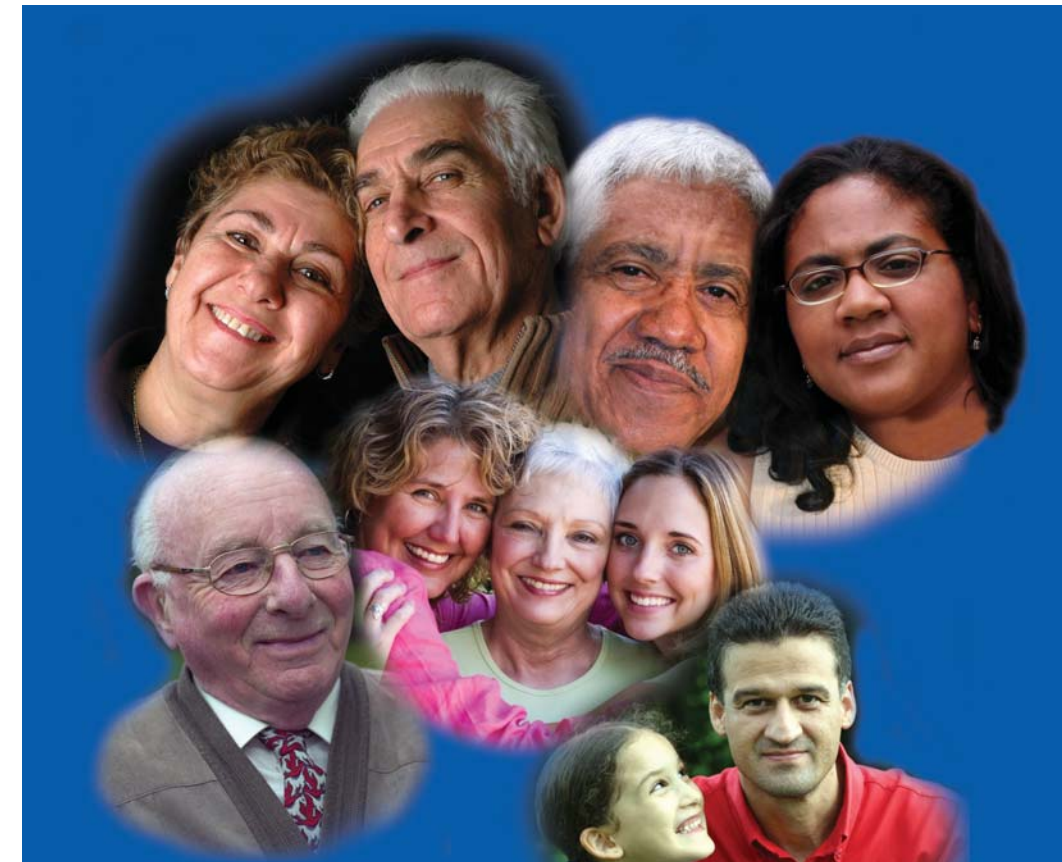


- 1) King, A. and Lenfant, J. Why Getting the Right Amount of Vitamins is Important for the Renal Patient. For Patients Only 2003; 3:12-16
- 2) Makoff, R. Water-soluble vitamin status in patients with renal disease treated with hemodialysis or peritoneal dialysis. Journal of Renal Nutrition 1991; 1:56-73

Rx Only
Keep out of reach of children.
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You don't have to go through dialysis alone.

Covered By Most Major Insurance Plans








Put back what dialysis takes out.

Replacing vitamins makes sense.

Everyone needs good nutrition. It's especially important for people with renal disease and people on dialysis, yet sometimes very difficult to achieve. Adding a specially formulated vitamin, like **NEPHROCAPS®** Softgels, to a renal patient's dietary intake makes sense for a number of reasons:



-  Dialysis removes essential B-vitamins and vitamin C.
-  A restricted renal diet may eliminate foods rich in B-vitamins and vitamin C.
-  Appetite loss due to renal illness or coinciding illnesses may affect the opportunity to eat foods rich in B-vitamins and vitamin C.
-  A patient may lack energy to prepare a balanced meal.
-  Medications taken to treat other health issues can interfere with vitamin absorption.



The Benefits of Vitamins B and C.

B-vitamins (including folic acid and biotin) and vitamin C are water soluble, and are removed from the blood during dialysis. Each of the vitamins performs a vital job.

- Vitamin B₆, B₁₂ and folic acid help prevent anemia.
- Vitamin B₆, B₁₂ and folic acid also help support proper heart and brain functioning.
- Vitamin C helps keep different types of tissues healthy and aids in healing wounds and bruises and preventing infections.¹

Supplementing Food Restrictions.

When on a renal diet, B-vitamins and vitamin C can fall below the Recommended Daily Intake, therefore it is important to include a daily supplement.² For example:

- Potatoes are a good source of vitamins C and B₆, **but** they must be limited because of high-potassium content.
- Orange juice and spinach provide folic acid and vitamin C **but** also must be limited due to potassium content.
- Dried beans are a good source of folic acid **but** are high in phosphorus so they must be limited in a renal diet.¹



Easier to swallow, Faster to absorb.

Gelatin coated and shaped like a small football, **NEPHROCAPS®** Softgels are easier to swallow than most other renal vitamins. That's important for patients who must restrict fluids in their renal diet. Unlike some B-complex vitamins in compressed tablet form, **NEPHROCAPS®** Softgels contain no fillers, such as phosphates and minerals. A **NEPHROCAPS®** Softgel dissolves quickly for fast absorption once in the stomach. The liquid center in the Softgel is designed to rapidly replace lost vitamins. Patients with renal disease often face other health issues. Compounding illness may cause loss of appetite or sensitive stomach. Patients easily tolerate the Softgel form, avoiding possible stomach upset.

